



# Roots & Remedies:

## Exploring Botanical Health for Women



Sunday, September 14, 2025

10:00 AM - 3:00 PM





With Stephanie Rautio, MH and

Gigi Risberg Stafne, MH, ND

Willow Rain Wellness Center

Eau Claire, WI

Join us for a rejuvenating women's wellness event  
focused on natural and botanical support for midlife  
and beyond.

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- Interactive Workshops
  -  Lunch & Learn Conversation
  -  Practical Herbal Wisdom
  -  Time for Q&A and Connection

**General Admission: \$75**

Includes workshops, take-home handouts, and a  
special gift bag.

**Space is limited - Register early!**

Registration deadline: September 5th



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